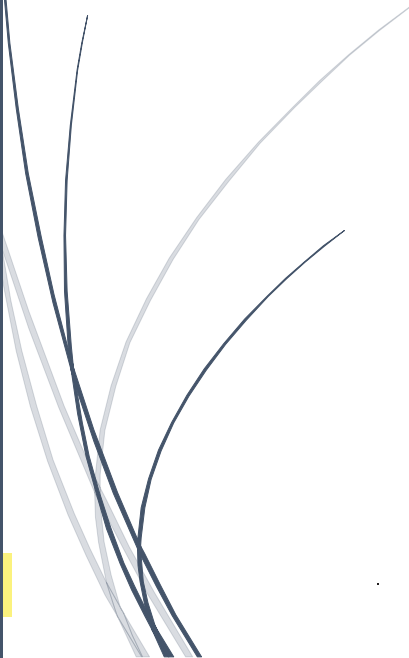


細邦書院  
COLÉGIO SHIU PONG  
SHIU PONG COLLEGE

2021-22

# SHIU PONG COLLEGE

A Navigation Guide



# Master's Welcome

Dear Students,

It is my great pleasure to welcome you most warmly to Shiu Pong College (SPC), which is one of the oldest and most established colleges at UM. We are committed to creating a warm and harmonious 'home away from home' for students and we are so excited to have you as new members of our SPC family.

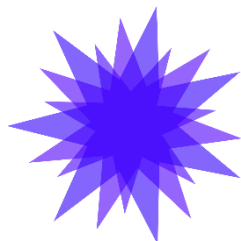
SPC offers a congenial and inclusive environment, in which students can grow in a caring and friendly atmosphere full of hope and a strong sense of belonging. Throughout your stay at the College, you will live together with your fellow students, meet our staff members, our non-resident fellows and affiliates, and gain various opportunities for your personal growth. We adhere to a student-centered approach and focus on cultivating good friendship and a deep level of understanding that will allow us to travel together over the mountains and valleys in life.

SPC is also a stimulating learning community, which fosters self-discovery and exploration and offers many opportunities for leadership development and student self-governance in the College. You are strongly encouraged to organize and participate in a wide range of intellectual, cultural and social activities, which would complement your fields of academic studies. Through engaging in experiential and extracurricular activities, you can bring your potentials into full play, establish good habits of behavior and develop a broad scope of soft skills and leadership qualities.

This booklet contains useful information that will help you immerse into the exciting college life. I invite you to explore and to get involved in the various opportunities available in this living and learning community. SPC provides you with a variety of formal and non-formal programs, such as high table dinner, English program, service-learning trip, debate team, student ambassador team, choir, short film production club and dream building team, plus numerous HA and floor activities. It will be a truly enriching experience to live, learn and grow in this first-class residential college.

I wish you every success in the years ahead!

Professor Benzi Zhang  
Master of Shiu Pong College



紹邦書院  
COLÉGIO SHIU PONG  
SHIU PONG COLLEGE

“You Are the Light of the World”

「你們是世上的光。」

### College Mission/書院院訓：

On the basis of teachings of Confucianism and the Christian spirit of Faith, Hope and Love, the mission of Shiu Pong College is to inspire students to search for, reflect on, and live a meaningful, purposeful, and fruitful life in order to serve as role models and make a positive difference wherever they go, as the light of the world.

建立在儒家思想的教導和基督教信、望、愛精神的基礎上，紹邦書院的使命在於啟迪和激勵學生去尋找，反思和活出一個充滿意義，具方向和有價值的人生；並在其崗位上成為楷模、成為照亮人前的光。

# College Anthem

詞：謝志偉  
曲：謝志偉



註： 謝志偉博士(Dr. Daniel C.W. Tse)：  
澳門大學前校董會主席(2001-2014)；澳門大學新校奠基人之一、紹邦書院構思人、在港澳高等教育貢獻良多。  
1994 年謝博士為香港浸會大學譜寫校歌第二段  
2012 年為澳門大學填寫校歌歌詞  
2014 年 9 月為澳門大學紹邦書院撰寫院歌歌詞

## Intended Attributes of *Shiu Pongers*

An effective learner and competent communicator

A visionary person with a global perspective, seeing meaningful opportunities beyond oneself and beyond Macau/China/Asia

A person daring to break conventions and being creative in the process

A person of substance, searching for, reflecting on, and living a meaningful, purposeful, and fruitful life that goes beyond monetary return

A person of fine character, serving as role model for others and making a positive difference wherever possible

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# STAFF MEMBERS

## Academic Staff

Our academic staff are responsible for designing, developing, and implementing programs and activities intellectually to help students learn, grow and mature in the Residential College setting.



College Master  
**Prof. Benzi Zhang**  
Office: G020  
Phone: 8822 9639  
Email: benzizhang@um.edu.mo



Associate Master  
**Dr. Jingjing Liu**  
Office: G019  
Phone: 8822 9627  
Email: jjliu@um.edu.mo



Resident Fellow  
**Ms. Ginger Chan**  
Office: G017  
Phone: 8822 9626  
Email: gingerchan@um.edu.mo



Resident Fellow  
**Dr. Holly Sit**  
Office: G017  
Phone: 8822 9623  
Email: hoyisit@um.edu.mo



## Administrative Staff

General Office: S9-G016

The General Office is responsible for administrative matters in the college, including but not limited to, dormitory, public facilities, environmental safety and security, cleaning and hygiene, utilities consumption, finance and fees, etc. In addition, we distribute useful and updated information to our students, answer enquires, and provide administrative and logistics support to all college functions, events, programs and activities.



**Leo Che**

Phone: 8822 9624



**Mariah Ng**

Phone: 8822 9962



**Hailie Wong**

Phone: 8822 9632

## RESIDENT TUTORS (RTs) / RESIDENT ASSISTANTS (RAs)

Our RTs and RAs provide pastoral care, support college programs and activities, as well as organize floor activities.

### 1<sup>st</sup> Floor



Song Hongze  
Resident Tutor  
FAH, Master 1  
E-mail:

MC14092@um.edu.mo  
Phone: 65235609



Wan Chi Seng  
Resident Assistant  
FAH, Year 2  
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AC01619@um.edu.mo  
Phone: 63627231

### 2<sup>nd</sup> Floor



Xu Zhuoyi  
Resident Assistant  
FBA, Year 4  
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Resident Assistant  
FBA, Year 2  
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### 3<sup>rd</sup> Floor



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FBA, Year3

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### 4<sup>th</sup> Floor



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FED, Year 2

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HC01130@um.edu.mo  
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Wang Chuxi  
Resident Assistant  
FBA, Year 2

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BC00452@um.edu.mo  
Phone: 65314226

## 5<sup>th</sup> Floor



Han Xu  
Resident Assistant  
FBA, Year 3  
E-mail:

bb90622@um.edu.mo  
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Zhuang Yuan  
Resident Assistant  
FSS, Year 3  
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SB92366@um.edu.mo  
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Resident Assistant  
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BC00648@um.edu.mo  
Phone: 62855011

## 6<sup>th</sup> Floor



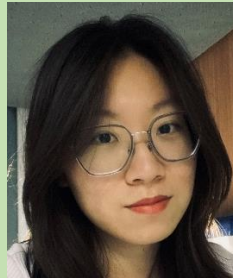
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Phone: 65995837



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Wang Yuxuan  
Resident Assistant  
FSS, Year 2  
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SC02234@um.edu.mo  
Phone: 65392469

## 7<sup>th</sup> Floor



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FAH, Year 4

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Phone: 66824154



He Shujun  
Resident Assistant  
FAH, Year 4

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AB81645@um.edu.mo  
Phone: 63963831



Niu Xinran  
Resident Assistant  
FSS, Year 2

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SC02268@um.edu.mo  
Phone: 65295631

## HOUSE ASSOCIATION (HA) OFFICE HOLDERS

Support college programs and activities, as well as organize college-wide student activities.

### 第八屆紹邦書院院生會 Shiu Pong College House Association



執行統備副主席  
朱俊恆 Wilson  
CHU CHON HANG  
大三 工商管理市場學



主席  
莫禹 Laric  
MO YU  
大三 經濟學



外聯副主席  
唐心兒 Candice  
TANG XIN ER  
大二 會計學



秘書部部长  
邵楚媛 Christine  
SHAO CHU YUAN  
大四 會計學



體育部部长  
陳子洋 Kyang  
CHEN ZI YANG  
大二 工商管理



活動部部长  
肖姝瑶 Carmen  
XIAO SHU YAO  
大二 傳播學



外聯部部长  
陸文浩 Luson  
LU WEN HAO  
大三 經濟學



宣傳部部长  
李梓瑩 Rita  
LEI CHI IENG  
大三 小學教育



## RC LEARNING AT SPC

In general, all SPC programs and student activities can be conceptually divided into 5 categories, including (A) Experiential Learning Programs, (B) Seminars, Talks and Workshops, (C) House Association activities, (D) Floor activities as well as (E) Sport Teams and Student Interest Groups.

### (A) College Experiential Learning Programs (Longitudinal)

#### A1. Major College Experiential Learning Programs

##### English Tables (ETs)

The English Tables (ETs) are organized to help raise the English abilities (speaking/listening/presentation) of SPC students. English-speaking volunteers from the teaching faculties and outside of the University come

to SPC each week. The program signals SPC's commitment to motivating students to fulfil their potentials and to grow to be leaders with a global perspective. Throughout the academic year they help SPCers to express themselves in English about issues relevant to university students.



##### Program Leader:

- Prof. Benzi Zhang (Master)

##### Secretary:

- Ms. Ginger Chan (Resident Fellow)

##### Contact persons:

- Li Zhiyou (Janis)

FED Year 2 | [hc01130@um.edu.mo](mailto:hc01130@um.edu.mo)

- Wang Chuxi

FBA Year 2 | [bc00452@um.edu.mo](mailto:bc00452@um.edu.mo)

## English Camps (ECs)

ECs are intended to provide students a chance to speak English rather intensively with English-speaking tutors over a period of 2-3 days. ECs are organized in the beginning and at the end of the academic year. ECs typically involve both indoor and outdoor activities on campus and in Macau, with English speakers collaborating with our students to complete goal-oriented and fun activities.



### Program Leader:

- Prof. Benzi Zhang (Master)

### Secretary:

- Ms. Ginger Chan (Resident Fellow)

### Contact persons:

- Li Zhiyou (Janis)  
FED Year 2 | hc01130@um.edu.mo  
- Wang Chuxi  
FBA Year 2 | bc00452@um.edu.mo

## English Days (EDs)

EDs are intended to provide a chance for students to practice oral English through fun activities throughout the day, organized occasionally during the academic year. Past ED activities include games, drama, sharing, discussion, presentation and cultural exchange with students from Hyogo University of Japan.



### Program Leader:

- Prof. Benzi Zhang (Master)

### Secretary:

- Ms. Ginger Chan (Resident Fellow)

### Contact persons:

- Li Zhiyou (Janis)  
FED Year 2 | hc01130@um.edu.mo  
- Wang Chuxi  
FBA Year 2 | bc00452@um.edu.mo



## YUNA International Student Symposium

Students participating in YUNA would learn skills in research and presentation in English. YUNA is an annual student symposium held at New Asia College of the Chinese University of Hong Kong. Students from the Yale University of the United States and the Chinese University of Hong Kong present their research results in the symposium. Student representatives from SPC had attended the conference for five years, as observers in the first two years and as presenters in the last three years.



### Program Leader:

- Prof. Benzi Zhang (Master)

### Advisors:

- Prof. Brian Chan (College Fellow)  
- Prof. Joaquim Kuong (College Fellow)

### Secretary:

- Ms. Ginger Chan (Resident Fellow)

### Contact persons:

- Li Zhiyou (Janis)  
FED Year 2 | hc01130@um.edu.mo  
- Wang Chuxi  
FBA Year 2 | bc00452@um.edu.mo

## Overseas Summer Program: American Culture and Language Program at NCU, Eugene, Oregon, USA (OSP)

This overseas summer program is intended to provide an immersion experience for students to learn and practice English at a US university for a period of 15 days (June - July) after two semesters of participation in ETs and ECs.



### Program Leader:

- Prof. Benzi Zhang (Master)

### Secretary:

- Ms. Ginger Chan (Resident Fellow)

### Contact persons:

- Li Zhiyou (Janis)  
FED Year 2 | hc01130@um.edu.mo  
- Wang Chuxi  
FBA Year 2 | bc00452@um.edu.mo

## Dream Building Team (DBT)

The Dream Building Team is a group of SPCers who volunteer to provide academic tutoring to children each day at a children's home. Through the practical experience of serving, DBT members learn to grow in teamwork, in problem-solving skills, in leadership and in undertaking responsibility.



### Program Leader:

- Prof. Benzi Zhang (Master)

### Secretary:

- Dr. Holly Sit (Resident Fellow)

### Contact persons:

- Cheong I Soi (Andy)

FSS Year 2 | sc01946@um.edu.mo

## Shanxi Service Learning Trip (SSLT)

This six-month-long service learning project involves firstly an understanding of the educational needs of students, dialogues with teachers, and fact-finding of Bo Ai School in Shanxi Province of China, then students create and develop their own teaching plans/materials, followed by a 12-day volunteer teaching trip for primary and junior high school students there.



### Program Leader:

- Prof. Benzi Zhang (Master)

### Secretary:

- Dr. Holly Sit (Resident Fellow)

### Contact persons:

- Wu Yuhan (Hannah)

FAH Year 4 | ab81787@um.edu.mo

## College Choir (CC)

The College Choir nurtures students' ability to appreciate the art form of choral singing and to cooperate with each other in harmony.



### Program Leader:

- Prof. Benzi Zhang (Master)

### Advisor and Conductor:

- Prof. Brian Chan (College Fellow)

### Secretary:

- Dr. Holly Sit (Resident Fellow)

### Contact person:

- Chen Zihan (Christina)  
FBA, Year 3 | bb90658@um.edu.mo

## Student Ambassador Team (SAT)

Students with an interest to serve the College as ambassadors of goodwill and positive image boosters will be given training on hospitality and media to help receive and welcome our guests, and they will have opportunities (such as High Table Dinners) to be emcees and to introduce our College to guests, visitors and friends of the College.



### Program Leader:

- Prof. Benzi Zhang (Master)

### Secretary:

- Ms. Ginger Chan (Resident Fellow)

### Contact person:

- Lei Chi Ieng (Rita)  
FED, Year 3 | hB91013@um.edu.mo  
- Cheang Nga Weng  
FBA, Year 2 | bC00648@um.edu.mo

## Debate Team (DT)

The Debate Team develops students' critical ability in assessing conflicting arguments from multiple perspectives.



### Program Leader:

- Prof. Benzi Zhang (Master)

### Advisors:

- Prof. Degang Yin (College Fellow)

- Prof. Zhe Li (College Fellow)

### Secretary:

- Dr. Jingjing Liu (Associate Master)

### Contact person:

- He Jiaqi (Adenlyn)

FBA, Year 2 | bc00499@um.edu.mo

## Short Film Production Club (SFPC)

The Short Film Production Club allows students to craft their ideas and tell their stories through the lens of a camera.



### Program Leader:

- Prof. Benzi Zhang (Master)

### Advisor:

- Ms. Wong Teng Teng (Film director)

### Secretary:

- Dr. Jingjing Liu (Associate Master)

### Contact person:

- Mok Hong Lai (Merlin)

FST, Year 4 | db82501@um.edu.mo

## Approach to Portuguese (AP)

Approach to Portuguese helps students learn Portuguese language and culture.



### Program Leader:

- Prof. Benzi Zhang (Master)

### Secretary:

- Ms. Ginger Chan (Resident Fellow)

### Contact person:

- Song Hongze (Hertz)

FAH, Master 1 | mc14092@um.edu.mo

## Spotlighting Group (SG)

Spotlighting Group provides a series of community service to support the daily operation of the College, including fitness room maintenance, library management and so on. Students could enhance the sense of responsibility, teamwork and service in this process.



### Program Leader:

- Prof. Benzi Zhang (Master)

### Secretary:

- Dr. Jingjing Liu (Associate Master)

### Contact person:

- Fan Tingxuan (Zoe)

FBA, Year 2 | bc00144@um.edu.mo

- Li Peishi (David)

FBA, Year 2 | bc00589@um.edu.mo



## Discovering Your Macau

Discovering Your Macau is aimed to encourage SPCers to discover and to learn more of their personal stories of Macau's cultural, economic, historic and geographic riches, involving such activities as conducting literature reviews, completing field trips, interviewing persons of interest, and documenting findings with photos/videos.



### Program Leader:

- Prof. Benzi Zhang (Master)

### Advisor and contact person:

- Dr. VAT KAM HOU, (College Fellow)  
fstkhv@um.edu.mo

## A2. High Table Dinners

High-table Dinners (HTD) originated from the formal dinner tradition in Britain's prestigious boarding schools and higher academic institutions with a long history. They are vividly illustrated in the movie series "Harry Potter" with students wearing gowns, attending a grand formal dinner after the speech of their school master. The values of HTD are that it fosters a sense of shared identity among students and provides an opportunity for community leaders and renowned people in town to share their life experience. It also enables the students to practice social skills, proper table manners, and people networking.

As a major college function, HTDs at SPC are organized normally twice per academic year. It is our hope that Shiu Pongers (SPCers), through participating in HTD under an elegant and refreshing ambience, will achieve the following:

- to feel at ease in attending formal social functions and to become well-versed in social and dining etiquettes, which will be beneficial for their career development;

- to learn to break the ice in interacting/communicating with High Table guests or guests at their table (Table Guests) and other unfamiliar SPCers as an enhancement of their social skills;
- to get insights from the speech or success story delivered by the invited speakers;
- to cherish the precious opportunity of learning from fellow SPC students and interacting with them while enjoying the dinner.



### ***Social Etiquette at HTD:***

*As the saying goes, “good manners will open doors that the best education cannot.” The HTD is perhaps an epitome of one of the most important social rituals that each and every university student should have some knowledge and experience of before they enter into society. All the etiquette and formalities allow the students to have a “taste” of socializing in a formal setting.*

- Be punctual.
- Stand up and shake hands with guests when greeting them.
- Dress up properly—Formal or Lounge-suit (i.e. a matching jacket and trousers/skirt for office work) is recommended for HTD and similar formal occasions.
- Never put things other than food or tableware, e.g. spectacles, handbag, etc., on the table.
- Show respect to the speaker by stopping all activities in progress (e.g. eating or talking).



## (B) Seminars, Talks, Workshops and Tours (One-all)

They are delivered by well-known scholars and experts. They help students broaden knowledge frontiers, enhance personal growth, enrich cultural experience and develop learning skills.



*"Han Culture" summer camp (Jun. 5-11, 2021)*



*Lunch with Professors (Apr. 21, 2021)*



*The Boutonniere and Corsage Workshop (Oct. 28, 2020)*



*The Application of Big Data Analytics in Healthcare (Sep. 11, 2020)*



*Fun of Renju (Nov. 7, 2019)*



*Circle Painting (Sep. 21, 2017)*

## (C) House Association (HA) activities

These are College-wide student activities organized by HA and working groups under HA. HA will also organize students to attend inter-collegiate competitions.



*Visit to Macau World Heritage (Sep. 28, 2019)*



*Visit to Macau Police School (Nov. 13, 2019)*

## (D) Floor activities

These are small group activities organized by RT, RA and Floor Committee members of each floor to foster friendship and enhance bonding.



*Archery Workshop (May. 12, 2021)*



*Painting by numbers (Oct. 16, 2019)*

# (E) Sport Teams and Student Interest Groups (SIGs)

SIGs are organized independently by small groups of students. Students can organize groups around interests such as calligraphy, reading, photography, martial arts, music, business, etc. College always encourages students to establish SIGs and is glad to support you. If you have any ideas of organizing such groups, please do not hesitate to contact our Resident Fellows in G017.

SIG	Contact person
Basketball Team	LOU CHIN HOU FSS, Year 4   DB82179@um.edu.mo
Football Team	PAN YI FST, Year 4   DB82699@um.edu.mo
Cheerleading Team	WU YUHAN FAH, Year 4   AB81787@um.edu.mo
Badminton Team	PAN WEIFENG FST, Year 4   DB82645@um.edu.mo
Table Tennis Team	ZHANG POWEI FAH, Year 3   AB91774@um.edu.mo



## RC REQUIREMENTS FOR STUDENTS WHO ARE ADMITTED IN AY2021/2022 OR ONWARDS

Admission Year of Students	Year	Mandatory residence	Categories	Requirement	Make-up Arrangements
Admitted in AY2021/2022 and onwards	1 <sup>st</sup> Year	Yes (for 2 semesters)	Activity	High Table Dinner (Once)	Students can make up in any semester before graduation.

Note: Mandatory residence is not applicable to Year 2 or upper-class UG students.

### RC COURSE IN SPC: CPED 1000 (1 CREDIT)

Taught at the Residential Colleges, this course prepares the first-year students to adjust to and benefit from the whole person education of UM. It introduces students to a set of basic study skills and active-learner attitudes that are expected of a university student. Through experiential learning in RC educational activities, learning experiences at UM at large, and the course required e-portfolio practice, students will learn to appreciate selected competencies prescribed as goals of the “community and peer education” of UM. They will also learn how to relate these competencies to their academic performance as well as future career development.

### RC COURSE IN SPC: CPED 2001 (1 CREDIT)

This course offers students practical experience in communication and leadership through experiential learning in a community team project. Students of different majors will complete a creative team project on an assigned topic to promote specific positive values pertaining to RC character education to an identified audience in the society under the supervision of RC academic staff and the support of community partner(s). They need to acquire related knowledge of the positive values and the targeted audience as active learners themselves during the process. The student teams need to document their project outcomes in electronic form and make physical or online presentations reflecting on the learning process of the team project.



# SPC LIVING AND LEARNING FACILITIES

## Dining Hall



Location: G010

Meal Time:

Breakfast from 08:00 to 10:30

Lunch from 11:30 to 14:30

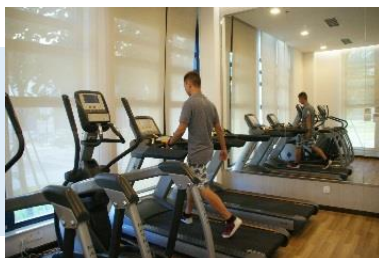
Dinner from 17:30 to 20:30

## Fitness Room

Location: G036

Opening Time: Monday to Sunday, 07:00 – 23:00

\*If there is a need for epidemic prevention, it will be closed



## Table Tennis Room



Location: G035

Opening Time: Monday to Sunday, 07:00 – 23:00

\*If there is a need for epidemic prevention, it will be closed

## Dancing Room

Location: G034

Opening Time: Monday to Sunday, 07:00 – 23:00

\*If there is a need for epidemic prevention, it will be closed



## Music Room



Location: G029

Opening Time: Monday to Sunday,

07:00 – 18:00 (2 hours limit)

18:00 – 21:00 (1 hour limit)

\*If there is a need for epidemic prevention, it will be closed

Location: G030

Opening Time: Monday to Sunday,

07:00 – 18:00 (2 hours limit)

18:00 – 21:00 (1 hour limit)

\*If there is a need for epidemic prevention, it will be closed



## Common Room

Location: 2 common rooms on each floor

Opening Time: 24 hours and 7 days

\*If there is a need for epidemic prevention, it will be closed



## Laundry and Drying Area



There are two Laundry areas on each floor. Each Laundry area is equipped with:

- 1 washing machine
- 1 drver machine

## Pantry



Location: 2 pantries on each floor  
Opening Time: 24 hours and 7 days

## Library

Location: G014  
\*If there is a need for epidemic prevention, it will be closed



## Multi-Purpose Function Room

Location: G011  
\*If there is a need for epidemic prevention, it will be closed



## Self-service printing Area



Location: Near G015

# RULES AND REGULATIONS

## Move In / Out Procedures

### MOVE IN PROCEDURES

1. Approach the move-in counter inside Shiu Pong College (S9);
2. Present either your offer letter and ID card or student ID card;
3. Complete the Move-in Acknowledgement Form, sign for the “Selected Articles on Code of Conduct in RCs” and submit a 1.5 inch/2 inch recent photo;
4. Receive (1) room key card, (2) equipment checklist, (3) physical activity readiness questionnaire (PAR-Q), (4) fitness room user consent form and (5) RC fee policy;
5. Return the (2) equipment checklist, (3) PAR-Q and (4) fitness room user consent form within 3 days after moving in.

Remark: For students who do not complete the move-in procedure in the designated period without prior notification to the College, students will be considered as “giving up of bed spaces”.

### MOVE OUT PROCEDURES

UM regulations require all first-year students to reside in the college and actively participate in college activities there. For upper class students (year-2 to year-4), all requests for moving out of the college during the academic year will be considered on a case-by-case basis and be subject to final approval by the respective College Master.

1. Complete the move-out application at least **3 working days** before your actual move-out date. Contact SPC General Office in person for appointment

Office Location	Office Hours	Contact No.
S9-G016	Mon-Thu: 9:00 - 13:00 ; 14:30 - 17:45 Fri: 9:00 - 13:00 ; 14:30 - 17:30	8822 9630

2. Staff of the General Office will check the conditions of the room and record the electricity (and/or water) meter readings for excess usage charge. The student is required to remove all personal belongings, clear the common area,



compensate any damaged or lost property in the room / apartment, and then return the room key card to the college office (G016).

**IF YOU WOULD LIKE TO APPLY FOR COLLECTION OF SECURITY DEPOSIT IN CASH (ONLY GRADUATE AND INCOMING EXCHANGE STUDENTS CAN COLLECT THE FEE IN CASH), YOU ARE REQUIRED TO SUBMIT YOUR MOVE-OUT FORM TO THE TREASURY SECTION (1<sup>ST</sup> FLOOR, N6) IN PERSON.**

## Access Control Policy

To provide a safe and secure living environment for SPC residents, all SPC students have to follow the guidelines of our Access Control mechanism.

Situation	Fees & Charges
Request security to open room door when you do not have your Resident Card	MOP10 each time
Loss of Resident Card and getting a new one	First time: MOP20 Second time onward: MOP50 each time

\* Any charge paid is non-refundable in all circumstances.

### Loss of the Resident Card and/or Student Card

For security reason, please report to the Security Office of S9 or SPC General Office immediately upon realizing that you have lost your resident card or student card. The college office will issue a new resident card to you during office hours. For replacement of a student card, you need to report to UM Registry (for undergraduate) or Graduate School (for postgraduate).

## Summer Stay Policy

All students are required to move out from SPC at the end of the academic year. For the 2021/2022 academic year, the deadline is on 31 May 2022.

Students who need to stay in SPC in the summer are required to submit their application to the General office (G016) in advance, typically in early April. The application is subject to the approval of College Master and the summer room fees are based on the number of nights of actual stay in SPC.

\* Graduating students can be extended at most for 2 weeks after the official last move-out date, that is 14 Jun 2022.

## General Rules and Regulations

All SPC members have to comply with the following essential rules and regulations.

1	<b>College Membership</b>	<ul style="list-style-type: none"><li>● A member of a College shall comply with any reasonable instruction of the College Master.</li><li>● He or she should attend High Table dinners and other official College functions as prescribed, as well as meetings to which he or she has been invited by the College Management.</li></ul>
2	<b>Proof of Identity</b>	<ul style="list-style-type: none"><li>● At the request of any member of the College Management or security guard, residents or visitors shall present for inspection a current UM Student Card, Staff Card, or appropriate document of identification.</li></ul>
3	<b>Room</b>	<ul style="list-style-type: none"><li>● Resident College student members must keep their assigned key cards in a secure manner. Transfer of key cards to any other person, except members of the College Management, for entering residential rooms or for consuming College meals, if any, is strictly prohibited.</li><li>● Residents are not allowed to change rooms privately. Students who request a room change should first complete the appropriate form at the College general office.</li><li>● The room door should be locked when leaving.</li><li>● It is responsibility of the resident College members and College residents to keep the residential room and bathroom clean and hygienic.</li><li>● Residents shall not enter the rooms of other residents without consent unless they are doing so on official duty.</li><li>● The College, or its authorized persons, may enter any rooms for purposes of health, safety, security, and building maintenance. Prior notice will normally be</li></ul>

		<p>given of such entry to resident College members and College residents, except in cases of emergency, abandonment, or where prior notice is deemed not viable. A notice of entry will be left in the room thereafter.</p>
4	<b>Personal Property</b>	<ul style="list-style-type: none"> <li>● To minimize chances of theft, valuable personal belongings must be kept in a safe place. Colleges are not responsible for any loss of personal property.</li> <li>● Hallways, walkways and stairs should be kept clear of furniture, refuse, personal belongings large or small, such as shoes, bicycles, or umbrellas, and any other objects.</li> </ul>
5	<b>University Property</b>	<ul style="list-style-type: none"> <li>● Residents shall not remove any furniture, fittings, fixtures or facilities provided for use in the College without prior approval from the College Management.</li> <li>● Residents must make good use of or pay for any damage to furniture, fittings and the fabric of the College for which he or she is responsible, fair wear and tear excepted.</li> <li>● Common or communal facilities must be left in a clean and tidy condition after use. If such facilities are found to be in an unclean, untidy, or unhygienic condition, please report immediately to the relevant RTs, RAs, or the College Management.</li> </ul>
6	<b>Visitors</b>	<ul style="list-style-type: none"> <li>● All visitors must complete the registration procedure upon arrival and departure;</li> <li>● Visitors are not allowed to be in the College between 10:00 pm and 9:00 am.</li> <li>● A resident who invites visitor to the College shall be responsible for (i) the conduct of the visitor while he or she is on the College premises; (ii) any charges or cost incurred by the visitor.</li> <li>● Resident College student members shall not invite any person of the opposite gender to visit residential rooms. Such meetings must take place in prescribed common areas in the College.</li> </ul> <p>* The arrangement will be updated according to the pandemic situation.</p>

7	<b>Fire Safety</b>	<ul style="list-style-type: none"> <li>● Cooking in the Colleges is strictly prohibited except in the designated areas as authorized by the College Master.</li> <li>● Cooking left unattended is strictly prohibited at all times.</li> <li>● Possession of chemicals, explosives or highly combustible materials that are potentially dangerous or damaging is strictly prohibited.</li> <li>● Open flames, including candles and incense, are strictly prohibited in any part of the College except when approved by the College Master or his/her representative in the case of specific ceremonies and celebrations.</li> <li>● Interference of fire service devices is strictly prohibited.</li> <li>● Attendance at official fire drills is compulsory, failure of which without permission of the College Management may affect future readmission application.</li> </ul>
8	<b>Smoking, Drugs, Alcohol, Gambling and Dangerous Objects</b>	<ul style="list-style-type: none"> <li>● Smoking is strictly prohibited.</li> <li>● Residents and visitors shall not bring into or use in the Colleges any illegal drugs or misuse prescription drugs.</li> <li>● Consumption or storage of alcoholic beverages without prior approval from the College Master is not allowed.</li> <li>● Students shall not engage in any gambling whatsoever on the College premises, or permit such gambling to take place in their residential rooms.</li> <li>● Residents are forbidden to bring any object into the College which could endanger the well-being of others.</li> </ul>
9	<b>Electrical Appliances</b>	<ul style="list-style-type: none"> <li>● Light electrical appliances intended for necessary personal care may be used in the residential room but must be in good order and properly maintained.</li> <li>● All other electrical appliances must be approved by the College Management.</li> <li>● Charging batteries when unattended and overloading electrical outlets are prohibited.</li> </ul>

		<ul style="list-style-type: none"> <li>● College Management may remove without prior notice any appliances in any residential rooms or common areas which may disturb or endanger others.</li> <li>● Residents should endeavor to save energy in the College.</li> </ul>
10	<b>Commercial Activities</b>	<ul style="list-style-type: none"> <li>● For-profit commercial promotions and activities are prohibited in the Colleges. Sale of any goods or services in the Colleges is not allowed without prior approval of the College Management.</li> <li>● Without prior approval of College Management, distribution or posting of promotional items for any purpose is prohibited.</li> <li>● Posters shall be approved and stamped by the College Management. They can only be placed in those areas designated for posting.</li> <li>● Hard copies of any publications, commercial or otherwise, shall have prior approval of the College Management before being placed in designated locations of the College.</li> </ul>
11	<b>Quiet Hours and Noise Level</b>	<ul style="list-style-type: none"> <li>● Students should avoid making disturbing noise in any parts of the Colleges when meetings and other functions are in progress.</li> <li>● At all times, residents should keep noise levels reasonable so as not to cause nuisance to neighbors and fellow College members.</li> </ul>
12	<b>Pets</b>	<ul style="list-style-type: none"> <li>● Students shall not, without special permission from the College Master, bring onto the College premises any pet, including fish tanks and insect enclosures.</li> </ul>
13	<b>Bicycle Parking</b>	<ul style="list-style-type: none"> <li>● Motor bikes and scooters are not to be driven inside College grounds or left in College designated bicycle parking areas.</li> <li>● Bikes are not to be left standing in areas not designated for bicycle parking such as public footpaths.</li> </ul>

## IMPORTANT CONTACTS

### SPC

<b>SPC General Office</b>	Location: S9-G016 Phone No.: 8822 9630 Office Hour: Monday to Thursday 9:00 - 13:00 & 14:30 - 17:45 Friday 9:00 - 13:00 & 14:30 - 17:30 E-mail: <a href="mailto:spc.enquiry@um.edu.mo">spc.enquiry@um.edu.mo</a>	
<b>Mailing Address</b>	<b>中文</b> 中國澳門氹仔 大學大馬路 澳門大學, S9 紹邦書院, XXX 室	<b>In English</b> Room XXX, Shiu Pong College University of Macau, S9 Avenida da Universidade, Taipa, Macau, China

Email is the College's official channel of communication through which all important announcements are made. Please check your **UM emails** at least once a day. Should you have any question about your College life, please use your UM email account to send email to < [spc.enquiry@um.edu.mo](mailto:spc.enquiry@um.edu.mo) >.

Information about College programs and SPC activities will also be announced and updated through our College website, Facebook and WeChat.

**SPC website:** <http://spc.rc.um.edu.mo/>

**SPC WeChat:**



Or search “UMACSPC” in WeChat

## Other Departments

<b>Security Office</b>	SPC Security Counter – Ground Floor of S9	6389 2706
	UM Security Counter – Central Teaching Building	8822 4000
	UM Security Emergency Contact	6633 1860
<b>Emergency Hotline of the Police</b>	999/ 110/ 112	
<b>Medical Center of University of Macau</b>	Location: UM Sports Complex, ground floor, room G002	
	Phone No.: 8822 4123	
	Opening Hour: Monday to Thursday 9:00 - 13:00 & 14:30 - 17:45 Friday 9:00 - 13:00 & 14:30 - 17:30	
<b>Kiang Wu Hospital Taipa Clinic</b>	Location: 氹仔排角路泉福新村第二期	
	Phone No.: 8295 4017	
	Opening Hours: 24 hours emergency service	
	Website: <a href="http://www.kwh.org.mo/tz%20medical%20center.php">http://www.kwh.org.mo/tz%20medical%20center.php</a>	

## Maintenance

For reporting maintenance issues of facilities, please submit a completed “Requisition Form for Maintenances” through below link.

<https://cmms.um.edu.mo/helpdesk/login.aspx>

### 學生領袖的入學小貼士



朱 俊 恆 是 2020/2021 學年紹邦書院院生會的負責人，也會在 2021/2022 學年擔任院生會的執行統籌副主席，他對新生有什麼寄語呢？

哈囉各位，歡迎大家來到紹邦書院成為這個大家庭的一份子，同時也恭喜你們成為一名大學生了。上大學是一件非常開心的事情，但是對於很多人來說，第一次長時間的與家人分開，來到一個陌生的地方多多少少會感到一些不適和不安，那我們應該如何快速融入大學生活呢？

首先，盡可能與室友良好的相處。因為在大學生活中室友是與你朝夕相處的人，保持良好的室友關係，無論是學習上還是生活中都會順暢很多。不過，大家都來自不同的地方，成長的環境不一樣，實在聊不來也不用擔心，和平相處就可以，在相處過程中要是遇到問題要及時交流，互相尊重，並告

訴書院老師和樓層助理。

其次，多參加一些活動。書院以及學校每年都會舉辦很多大大小小的活動，同學們可以積極報名參加，認識多一些新的朋友。畢竟來到大學是集體生活，拓展自己的朋友圈多去嘗試，不要害怕展示自己。有的同學可能會問，我社恐怎麼辦？那你就來對地方了，在紹邦書院有各式各樣的長期活動：英語桌（ACBD 不囉嗦）、築夢小隊（奉獻愛心



人人讚）、慧言堂（鐵齒銅牙走天下）、合唱團（飆起高音不用煩）、微電影社（電影明星不是夢）、公關大使（行為舉止頂呱呱），除此之外還有很多體育類型的活動等著大家來參加。

祝大家交到更多的好朋友，學到有趣的知識，健康快樂的渡過有意義且有趣的四年！

## 開啟新篇章，擴大舒適圈



**林奕彤**是紹邦書院2020/2021學年的書院助教（RT），此前亦曾擔任過多年的書院學生助理（RA）。在即將開始的2021/2022學年，她會繼續以RT的身份在書院服務。

親愛的學弟學妹們你們好！首先，要恭喜你們正式進入大學，開啟了人生的新篇章。在澳門大學裡，你們可能會有許多之前從未有過的體驗，而也會從中有一定的收穫。我相信，在這些新奇的體驗裡，一定會有不少的部分會來自我們的書院——紹邦書院。

書院對大多數同學來說，可能是個陌生的概念。我猜你們中的很多人會認為，書院就是讓同學們住宿的地方。我剛入學的時候也對書院有過這種假設性的印象。但後來我瞭解到，書院除了住宿，還會給宿生們提供各種各樣的活動，來豐富同學們的生活。而不同的書院則有著不同的文化，來令書院的宿生獲得成長和歸屬感。如果要

我打個比方，我會將澳門大學的書院比作是《哈利波特》裡面的四大學院。同學們在自己的書院生活、遊戲、交友、成長；同時在澳門大學的生活中，也會多了一個“紹邦人”的標籤。

那麼，我們的書院，紹邦書院，在澳門大學的十大書院中有什麼獨一無二的地方呢？首先，正如《哈利波特》裡面的四大學院一樣，每個書院都有自己的院徽、院訓、院歌和代表色，這些你們在不久後也一定會接觸到。希望大家都喜歡紹邦充滿生命力的綠色代表色，也都要好好學習院歌怎麼唱哦~

用現在的話來說，我是一個稍微內向而又社恐的人。我並不喜歡主動跟陌生人交流，對於進到一個像書院這樣的新奇環境感到陌



生又有一點無助。但作為外地生的我在第一年還是鼓足勇氣去參加了一些書院的長期活動。因為我認為，我已經是一個大學生了，來到了一個更好的平臺，應該藉此機會去擴大我的舒適圈，嘗試一些中學時期沒有試過的事情。這也是我要提及的第二個書院獨特的地方：每個書院都有很多有趣的活動，包括長期活動、書院講座、院生會活動和樓層活動。紹邦書院的長期活動小組包括英語桌、築夢小隊、合唱團、微電影社、慧言堂等，我相信每一位新生都有機會選擇到自己有興趣的活動去一試究竟。我自己大一的時候參加了英語桌和築夢小隊。我也一直堅持了在築夢小隊的服務，而今年將是第六年。

在大二那年，我選擇成為了書院的 RA。其實每一個書院對於 RA 的工作要求都不盡相同，但毫無疑問的是，成為 RA 一定能得到鍛



煉，並且認識許多志同道合的朋友們。大一的我在參加了那麼多活動後開始有了自己的策劃想法，而 RT/RA 隊伍就是這樣一個可以讓你實現自身想法的地方。通過構思、

策劃和舉辦樓層活動，我掌握到了在學術學習中很難獲得的組織技能。而處理樓層的突發事件和與樓層同學建立關係則是極大程度地鍛煉了我的隨機應變能力和人際交往能力。我本人在大學期間的好朋友們幾乎都是在 RA 任期內認識的。我很慶幸我有成為 RA 的一員。

親愛的學弟學妹們，你們已經正式成為一名大學生了。中學的時候，可能你們心心念念的都是好好讀書，考上一個好大學。但進入大學之後，你們的下一個目標是什麼呢？我認為大學就是這樣一個安全的提供機會的地方，讓各位盡情地多去嘗試，多去探索，最終找到自己熱愛的事物和未來的目標。因此，各位應捉住這個機會，一步步擴大自己的舒適圈，為未來的人生打下一個更好的基礎。無論是在大學內還是書院內，老師們和學長學姐們都會很樂意幫助各位。所以，如果同學們感興趣的話，就多多參與活動，多多思考。我相信，紹邦書院內，就已經有很多豐富的活動在等著大家了。

最後，歡迎大家加入紹邦書院，希望大家能在紹邦書院裡度過愉快的四年。學長學姐們期待著你們的到來。

## 主動嘗試，認識朋友



劉榮釗是紹邦書院 2020/2021 屆畢業的研究生，他曾擔任過書院助教(RT)，也從本科開始就是書院多才多藝的情歌王子和靈魂畫手。

可愛的學弟妹，我是你們才高八斗、貌勝潘安的學長 Eric。歡迎你們來到了澳門大學紹邦書院，並在這裡渡過接下來四年的青蔥歲月，也有可能是五年，也有可能是六年，也有可能是.....咳咳咳，這個就取決於你們了。在紹邦書院渡過六年時光的，我，從社恐宅男，漸漸變成了呆萌帥哥；從上課迷路，到後來知道澳大每條捷徑；從寂寂無聞，到最後變成著名少年.....等等，你們笑甚麼？我没有自戀没有延畢，我才要祝你們延畢快樂呢！

本學長夜觀星象，陷指一算，預料宿舍新生們將暫時未能安寢：有人會在召喚師峽谷的草叢裡，伴隨一聲「德瑪西亞」渡過愉快的晚上；有人會在宿舍轉角遇到愛，被澳大野生昆虫嚇得一句「媽呀」走天下；有人會跟剛認識的同學徹夜詳談，探討「人生哲學」。假如大家在住宿生活遇到問題，可以找樓層 RA/RT 幫忙，他們都是「文能選課給提示，武能殺蟲趕蟑螂」的存在。寫到這裡，我已經能從千里之外感受到 RA/RT 們對我濃濃的殺氣，幸好我已經畢業開溜了。

誒，你們知道嗎？紹邦書院有很多的項目和社團：慧言堂、合唱團、英語桌、微電影社、啦啦隊、築夢小隊.....每個社團都蘊含著很

多人的故事與青春，而我的大學回憶幾乎都發生在 G011 室舉辦的合唱團，在那裡我遇到了熱心的導師、學長姐、學弟妹，他們把我從情緒的深淵拉了出來，成為了更好的人。如果你們想在成長中尋求某種改變，也許書院社團有你們需要的化學反應。改變自己需要很大的勇氣，也許你們會掙扎猶豫，但只要你們願意，他們都會陪你們走過每個成長的難關。當然，還有我們可愛可敬的 RF 們，京京、Ginger、Holly，他們都非常關心你們的大學生活，歡迎大家來發挖他們的反差萌。哈哈！

如你們所見，大學生活非常自由。你們離開了高中那個堆滿習題、朝九晚五的教室；分別了與你們無所不談、共同奮鬥的同窗；遠離了能給你們指導迷津、啟蒙人生的師長。你們千辛萬苦從競爭中脫穎而出，來到了青春的下一站——大學，脫離了師長的監督，開始掌控更多的自由，學習與孤獨相處。你們可以徹夜跟室友打遊戲，蹺掉



所有的課，睡到自然醒，餓了就叫外賣，過著日夜顛倒的生活；你們可以加入大學很多的社團，學業成績低空飛過，每逢活動必定參加，成為校園無所不知的萬事通；你們可以做一個獨行俠，給自己定

下目標，每天泡館溫習或者運動，成為人們口中的學霸.....自由，意味著你們的選擇變得更多。面對選擇，也許你們會不知所措，但這正是成長必經的課題，學會在迷茫中找尋自我，並勇於為自己每個決擇承擔結果。成長最重要的不是速度，而是方向，生如夏花的前提，是

向陽而生。

對了，記得做好「時間管理」，合理分配學業、娛樂、作息的時間，放鬆的同時也不要給附近的同學帶來困擾。本科的我擔任過合唱團跟英語桌的學生領袖，讀研的時候成為了書院的 RT。嘿嘿，厲害吧？也許你們會以為當學生領袖會很辛苦。但恰好相反，學長姐的快樂你們想像不到！雖然舉辦活動的時候，需要花很多時間去開會籌辦，但隨著大家認識加深，你們會喜歡並滿心期待每次開會，跟這群人一起約飯、哈啦、吃夜宵、去旅行.....當一群人為了同一個目標去努力，共同見證活動順利進行，你們將會收獲滿滿的成就感與友情。

如果問我最想給你們的寄語是甚麼？就「花堪折時直須折，莫待無花空折枝」吧。畢業的學長姐就像寫滿故事的書頁，時而回首感歎白馬過隙，而你們是正準備書寫青春的白紙，充滿著各種未知的可能性。人生充滿未知，所以選擇才有意義，而其中的跌宕起伏，會讓我們的的生活變得更加有趣。準備好了嗎？你們的故事要開始了，人生全新的篇章正等待著你們，趕緊啟程冒險吧。買保險了嗎？受益人記得寫我名字。

